



## WHAT IS...

**COMMISSIONING?** – Commissioning is the process in which the local authority ensures that the most appropriate services are available to support the needs that have been identified in the local community.

**PROCUREMENT?** – Procurement involves the process to obtain goods or services. Bidders apply for their service to be considered. If a service meets the criteria set out, then that service will be selected for commissioning. The process ensures that the best services are selected to meet the needs of the local community.

## WHY SHOULD YOU BE INVOLVED?

It is important for service users to be a part of this process so services they feel would be most beneficial and would best meet the needs of the local community are considered for selection. It is important for service users to have an opinion on the services they would like to see in Merthyr Tydfil.

## OUR CURRENT SERVICES

### The Exchange

The Exchange support the psychological and emotional well-being of children, young people and families through counselling and focused interventions.

The Exchange provides counselling for those aged 5-10 yrs and young people 16-25 yrs within the community and schools. The Exchange also provides a school-based counselling service for those aged 10-16 yrs (up to 19 years old if the young person has additional needs). Young people can be seen in the community as an alternative.

The Exchange offers therapeutic support to families which will be focused on building resilience within the family. This will include developing resilient relationships within the family and between parents. The service provides a mixture of one to one work and group work. The counselling will take place either in the school setting or a community base.

### Barnardos

The Barnardos Keyworking Team provide support to children, young adults and families, helping them to access the right help at the right time. The service will provide dedicated support to empower children and young people and adults to reach their potential. The service enables children and young people to have support when needed. The person and their key worker will co-produce a person-centred, need-based and age-appropriate support plan, ensuring continuity of the right services and support to meet the person's needs once key working involvement ceases. The Barnardos Keyworking services provides support to Flying Start families and Non Flying Start families, with children aged 0-18 (attributed to the Families First element including part of the ring-fenced disability allocation) up to the age of 25.